TB TID-BITS

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TB Newsletter
Volume 7 Issue 2
September 2015

Inside this issue:

All links in this electronic newsletter are live.

Press Ctrl + Left click on the links to access the websites.

Upcoming TB Meetings

Registration Form

Request for Scholarship

From ISDH Lab/ From Purdue Pharmacy/ From Refugee Health

Epi Update/Updates from the Regional Nurses

Emergency Preparedness for Refugees

ISDH TB Control Contact Information

Upcoming TB Meetings

There are three TB conferences/meetings this autumn. The ISDH TB Control Regional meetings will be held Oct 21-22, 2015 in the southern region of the state and the northern meeting will take place on Oct 28-29, 2015. Please see the agenda to the right of this text box for topics. Registration form and request for scholarship are on pages 2-3.

From Sep 29-Oct 1, 2015, a TB Clinical Intensive will take place in Columbus, Ohio. This conference is sponsored by the Mayo Clinic Center for Tuberculosis. Last year, this conference was held in Fort Wayne.

The American Lung Association's (ALA) Lung Force Expowill be held on 24 Sep 2015. TB is not the only focus of this conference, but TB will definitely be discussed. For anyone who is a TB instructor through the ALA, attending this conference will fulfill your education requirement.

ISDH TB Regional Meetings Spencer, IN & Angola, IN

TB Regional Meeting DRAFT Agenda Wednesday, October 21st/October 28th

8:00 a.m. Registration 9:00 a.m. Introduction

9:45 a.m. Tuberculosis by the Numbers

10:15 a.m. Break

10:30 a.m. Introduction to TB Case Study

11:00 a.m. Treatment

12:00 p.m. Lunch on your own 1:00 p.m. Contact Investigations 3:00 p.m. Complications 3:45 p.m. Wrap Up/Questions

4:00 p.m. Dismiss

Thursday, October 22nd /October 29th

8:30 a.m. Introduction 8:45 a.m. Genotyping

9:15 a.m. Interjurisdictional Transfers

9:30 a.m. Class B's & Follow-Up

10:30 a.m. Break

10:45 a.m. Summary of TB Case Study/Wrap Up

11: 30 a.m. Evaluation 12:00 p.m. Dismissal

TB Clinical Intensive, Columbus, Ohio

For more information

https://ce.mayo.edu/public-health/content/tuberculosis-tri-states-clinical-intensive-%E2%80%93-columbus-oh

Lung Force Expo, Indianapolis

For more information

http://www.lung.org/associations/states/indiana/events-programs/lung-force-expo-2015.html



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Registration Form

ANNUAL TB REGIONAL NURSES CONFERENCE

McCormick State Park, Oct 21 & 22, 2015

Pokagon State Park, Oct 28 & 29, 2015

Full Name:Local Health Department:			
		State/Province:	
	al Code:		
County: _			
Telephon	e: ()	Fax: ()	
Email:			
	your preferred location:		
McCormi	ck's State Park (Canyon I	n), Oct 21 & 22, 2015	
451 McC	ormick Creek Park Rd, Sp	ncer, IN, 47460	
Tel: 812-	829-4881 Toll Free: 877-	22-6966	
_	State Park (Potawatomi i 00A, Lake James, Angola,	nn), Oct 28 & 29, 2015 IN, 46703	
	833-1077	•	
	clude: Case management nd many more.	Contact investigations, TB Refugee follow up, Geno-	
	-	or lodging will be available on a first come, first serve histration form to ISDH by September 1, 2015.	
Please er	mail or fax completed regi	stration to: TB/Refugee Health	
Phone:	(317) 233-7841	2 N Meridian St	
Fax:	(317) 233-7747	Section 6D	

Indianapolis, IN, 46204

Email:

mfulano@isdh.in.gov

REQUEST FOR SCHOLARSHIP

TB Regional Nurses Annual Conference

Conference.	the scholarship to cover I night of lodging for the TB Regional Nurses Annual
County:	
Nurse:	
Date:	
	rse or Local Health Department (LHD) will be responsible for paying
	and will be reimbursed through Hoosier Uplands upon receipt of the bucher, receipt and a W-9, submitted to ISDH, fax 317.233.7747
Tuberculosis Expense vo	

ISDH Lab Now Able to Provide HIV Testing for TB Patients

The vision of the ISDH TB Control Program is a Tuberculosis-free Indiana. One of the key priorities to fulfilling this mission is ensuring that all TB patients have a known HIV status, since HIV infection is one of the most critical co-morbidities that can greatly complicate TB treatment.

If you are managing a TB patient that has an unknown HIV status, the ISDH Lab can provide this testing. A blood sample should be collected using standard venipuncture technique in a serum separator (gold top or "tiger top") tube. Please centrifuge the sample and store refrigerated prior to shipping, if possible. The sample must be tested within 7 days of collection for a valid result.

The test order should be submitted in LimsNet under the "HIV/Hep" test tab. Access to this test can be requested through the LIMS help desk (888-535-0011). The reason for test should be entered as "Other," with "TB Patient" listed in the comments box.

The sample should be shipped as a Category B, Biological Substance and can be included along with your usual sputum shipment to the ISDH Lab. The tube should be sent in a 1B container, which is available at no charge from the ISDH Containers department (317-921-5875).

Results should be available in LimsNet within one week of specimen receipt at ISDH Lab. For more information about this service, please contact the ISDH Serology Lab at 317-921-5858.

Important Updates from Purdue University Pharmacy

There is continuing confusion with the 12 week regimen of INH and RPT. Several prescribers have ordered rifampin instead of rifapentine. For prescribers who use electronic ordering, the drug lists probably have rifapentine as PRIFTIN, the brand name. Perhaps including the brand name PRIFTIN when you are instructing the medical providers about this regimen would help decrease confusion.

Please consider using the TB SWIMSS task list system to order refills. Using the task list saves you the trouble of calling us for routine refills and can save all of us money by not accruing long distance phone charges. To assure that you receive the drugs you need, an entry in the notes section (i.e. "requesting refills of both INH and VitB6") will let us verify what it is you want.

We are receiving a number of requests to send to agencies other than the local health department---as in sending the drugs to a college medical clinic for a student receiving LTBI treatment. Because of the contract between ISDH and Purdue Pharmacy and because of laws that restrict the intermediates involved in dispensing, we are unable to send drugs to anyone other than the individual health departments.

We welcome your calls and concerns! The staff at the Purdue Pharmacy that can best handle your concerns are Nicole Noel, Mary Grable and now Nancy Chapman. Other staff members are happy to take your called in refill requests, but the staff mentioned are more familiar with TB therapy and concerns. Because of a change in staffing, there may be a short time when one of the 3 may be unavailable to immediately answer your concerns. However, when this happens, our staff will be happy to take a message and one of the above will call you back that day to address your concerns.

We all appreciate the hard work you all do to eliminate TB one client at a time!

Updates from Refugee Health

A brochure has been designed to educate refugees about emergency preparedness. We hope to translate this brochure into the native languages of our refugee populations. You can see a snapshot of the brochure on page 6. If you would like a copy, please contact Refugee Health Coordinator, Ibrahim Dandakoye at 317-234-7252.

Epi Update

Kelly Richardson is the new TB Epidemiologist, having started at ISDH in March 2015. Before moving to Indiana, Kelly worked for the Maryland Department of Health and Mental Hygiene based in Baltimore, MD. She is a graduate of Purdue University (Boiler Up!) and the University of Louisville. Some of her favorite hobbies include reading Stephen King, hiking, and exploring Indianapolis. Here are some of the projects she has been working on since her arrival:

- Contact Investigations: Kelly is working to clean and analyze the contact investigation data and make improvements to the way we collect information from the LHDs. Stay tuned for more information!
- Genotyping: Kelly has worked to assure all genotyping was completed for 2014 and continues to process results for 2015 cases. If a case in your county has a genotype that clusters in Indiana and needs further investigation, she will be sending along that information via fax. More information on TB genotyping will be provided at the TB Regional Nurses Conference in October.
- Data Requests and Reports: The 2014 Annual Report has been completed and is available on our website. If you or anyone in your county needs additional data, please contact Kelly directly and she would be happy to give you what you need.
- Expanded Contact Investigation in Clark County: Kelly, along with other ISDH staff, has been assisting Clark County with a large contact investigation surrounding a TB case in a school. If any LHD needs assistance with any contact investigation, or just has questions on how they should proceed, please contact Kelly.
- Interjurisdictional Cases/Contacts, Quality Assurance and More: Kelly continues to work on a variety of projects to improve the quality of data in the TB program. Please stay tuned for future updates!

Updates from the Regional Nurses

A few months ago, two of Indiana's counties, Marion and Clark, were notified of infectious TB cases. That's nothing unusual by itself, but when you place those cases within schools, at the end of the school year, things get a little exciting. Your TB Regional Nurses, as well as the TB Epidemiologist and TB Health Educators pitched in to help these counties with the large contact investigations that followed. For any of you who have managed a contact investigation including hundreds of people, you know it's a lot of work. So, if Joy, Dawn and Jill seemed especially busy over the last few months, now you know why. They helped educate contacts at the first Marion County contact testing at Southport High School, where over 600 people were tested either with TSTs or IGRAs. Joy, Jill and others spent several weeks in Clark County helping the Public Health Nurses there as they tracked down contacts and set up a testing schedule. For all the contacts identified with LTBI, Clark County is now coordinating the medication pick-up and DOPT schedules. Please remember, when the number of contacts is so big, extra help is definitely available from ISDH. The ISDH was able to provide some funding to enable Clark County to hire a temporary RN to manage LTBI medications for the TB contacts. Many of them were prescribed the once a week regimen which must be administered DOPT.

The other news is specific to Dawn Sipes, the TB Regional Nurse responsible for the northern region of Indiana. You may have already heard, but Dawn is now a Nurse Practitioner! She recently received a Master's degree in Nursing awarded through Purdue and received national certification through the American Academy of Nurse Practitioners on August 5, 2015. She has worked at ISDH for a total of four years, and for the last three years, she has also been going to school. Now her dream is no longer a dream. We know eventually she'll be ready to move on to the next part of her career, which is wonderful for her —Go Dawn!— but sad for us. When asked for highlights of her work in TB, she says she's grateful for getting to work with people from different cultures. Another highlight was working with an MDR-TB patient—a huge learning experience. She not only became familiar with second and third line drugs, but also had the opportunity to collaborate not just with county and state partners, but with the CDC and global TB experts.

TB CONTROL/REFUGEE HEALTH ONLINE

http://www.TB.in.gov

State of Indiana **TB Control Program**

2 North Meridian Street Indianapolis, IN 46204 Phone: 317-233-7434

Fax: 317-233-7747

Website: http://www.TB.In.gov

E-mail: tbcontrol@isdh.in.gov

Planning for Disasters

Know where your important documents are kept. It is helpful to have them in one place. Be ready to take these documents with you if you need to leave your home

Know Important names and phone numbers:

- Home phone number · Family member cell phones
- Work phone
- · Pharmacy
- · Head Start/Child Care
- Landlord/Mortgage
 Home/Rental Insurance
- · Car Insurance

Assemble your first aid kit. More info at: http://www.ready.gov/



What is an Emergency?

- · An emergency is a situation that poses risks to health, life, property or environment.
- · Do not try to be a hero. Your family's life is in danger
- Seek immediate assistance from: - Law enforcement (call 911)
 - Ambulance (call 911)

Emergency Risks in Indiana

to follow in case of emergencies, that may

not be the case for newly arrived refugee

disasters that occur in Indiana, with their

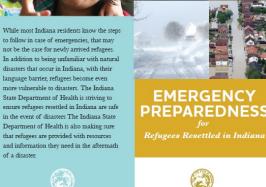
more vulnerable to disasters. The Indiana

State Department of Health is striving to

in the event of disasters The Indiana State Department of Health is also making sure that refugees are provided with resources

language barrier, refugees become even

- Disease outbreaks
- House fires
- · Tornadoes, which are very strong funnel-shaped windstorms over land
- Winter storms and ice
- Extremely cold temperatures
- · Floods; when snow is melting or during a heavy rain
- · Heat waves which are temperatures above 92°F or 33°C





www.StateHealth.in.gov

What to do before and after an emergency?

- · Listen to your battery powered radio and
- · Stay connected with friends and family by telephone, email and/or social media
- · Learn how to call 911 and give your address to emergency persons
- Teach your children how to call 911
- · You are not expected to give money to police officers, firefighters, or other emergency personnel. In fact, they will not accept money if you offer it to them







More information about disaster relief:

Agencies that can advise you on where to get help after a disaster:

Catholic Charities Fort Wayne (260) 422-5625 Catholic Charities Indianapolis (317) 236-1553 Exodus Refugee Immigration, Inc. Indianapolis (317) 921-08



ISDH TB Control

Sarah Burkholder—Director

Midia Fulano—Chief Nurse Consultant

Joy Hardacre—TB Regional Nurse Consultant (field)

Dawn Sipes—TB Regional Nurse Consultant (field)

| ill Brock—TB Regional Nurse Consultant (field)

Lori Mathews—Administrative Assistant

Kelly Richardson—Epidemiologist

Swamy Buddha—IT Developer

Ibrahim Dandakoye—Refugee Health Coordinator

Cynthia Hirons—Refugee Program Support Specialist

Himaja Guduri-ITARA (Refugee database) Developer

Barbara Weber-White—Health Education (very part time)

Helen Townsend—Health Education (very part time)



http://www.cap-tb.org/event/world-tb-day-2015